

What We Know About Acting Out Teens

Conduct disorder is the most common diagnosis among adolescents brought for psychotherapy. Yet, many clinicians find this group of teens difficult to treat. Some see this diagnosis as universally reflecting a poor prognosis. However, there is clear evidence that this is a heterogeneous group of kids with vastly different prognoses. This seminar will help you understand the development of Conduct Disorder. You will also be able to identify risk level within this population. The complex role of the Department of Juvenile Services will also be explored. Finally, evidenced-based treatments will be presented.

Target Audience

Psychologist	Social Workers	Counselors
Nurses	Therapists	Case Managers
Marriage and Family Therapists		Addiction Counselors

This seminar is for intermediate level clinicians

Learning Objectives

At the end of this seminar, participants will be able to:

1. Identify five impediments to accurate diagnosis of Conduct Disorder and how to overcome them.
2. Describe a model for the developmental path typically taken to Conduct Disorder.
3. Report three types of risk factors for violence.
4. Explain why group treatments for conduct-disordered youth should be avoided.
5. Identify three evidence-based treatments available for youth with Conduct Disorder.

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Outline

Begin 10AM EST

Diagnosis

Criteria
Common Mistakes

Etiology

Genetics/Temperament
Environmental Factors
Genetic/Environment
The Path to Conduct Disorder

Co-Morbidity

Longitudinal Studies

Life-Course Persistent vs. Adolescent Limited

11:30 Break(15min)

Psychology

Defenses
Family

Social Cognition

Aggression

Conduct Disorder in Girls

Risk Assessment

Delinquency vs. Violence
Biology
Actuarial Instruments

Historical Risk Factors

Social Risk Factors

Individual Risk Factors

Protective Factors

The SAVRY

3:15 Break(15min)

Juvenile Services

Politics
Historical Factors

A Model System

Deviant Peer Influences

EB Treatment

Multisystemic Therapy

Functional Family Therapy

MTFC

1PM Lunch Break(1/2 hr)

Ends 5 PM

The Presenter

Keith Hannan, Ph.D. earned his Ph.D. in clinical psychology from Auburn University in 1989. He spent the early years of his career working in a state hospital where he directed an APA-accredited pre-doctoral internship and co-led a psychotherapy seminar for psychology interns with Clarence Schulz, M.D.. In the second half of his career, he has worked with adolescents in a variety of settings including inpatient psychiatric units, community mental health centers, private practice, and juvenile services facilities for both boys and girls. He served as the Director of Behavioral Health Services for a juvenile services facility for girls. In this capacity, he provided clinical supervision for mental health staff, designed behavior management systems, and consulted with administrative staff. He is currently conducting post-adjudicatory evaluations with adolescent offenders for the courts in Maryland. He has conducted over 1000 such evaluations. He has participated in the training of many psychologists. In addition, he has assisted in training direct care staff in numerous facilities for juvenile offenders.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

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