

# Sex Therapy for the General Therapist, Part 2: Treating Common Sexual Concerns and Dysfunctions

Sexual intimacy is considered by many to be a critical aspect of a healthy romantic relationship. Amid a social focus on sexuality that sometimes seems to border on the obsessive, sexual concerns and dysfunctions are common in both general and clinical populations. Indeed, love-making embodies the most intimate and vulnerable experiences of our client's lives. However, discussing and treating these issues in the therapy room can be challenging for therapists. Most therapists have not had the benefit of training in the fascinating and complex nature of human sexuality to feel confident addressing these topics. In this talk we will review the common sexual concerns and dysfunctions of heterosexual couples, and arm general therapists with treatment options for men, women, and couples.

This talk stands alone but is Part Two of a two-part series on sex therapy for the general therapist. It is recommended that this lecture on treatment be completed as the second in that series, thus enabling the therapist to place treatment issues in a more general sexual context.

## Target Audience

Psychologists  
Therapists

Social Workers  
Psychiatrists

Counselors  
Nurses

Course level: Intermediate

## Learning Objectives

At the end of this seminar, participants will be able to:

1. Summarize primary causes of female sexual dysfunction
2. Demonstrate skills in the psychological treatments for female sexual dysfunction
3. Summarize primary causes of male sexual dysfunction
4. Demonstrate skills in the psychological treatments for male sexual dysfunctions
5. Identify common medical treatments for male and female sexual dysfunctions

## Seminar Schedule

Typically begins at 11:00 PM and ends at 2:15 PM Eastern time. There is one 15 minute break. However, check the webinar schedule.

## Outline

11AM EST Begin

Sexual Function as Critical to Intimacy  
Mind-Body Approach to Treatment  
Integrating Sex Therapy into General Therapy  
Female Libido Concerns

11:30 AM Break (15 min)

Female Orgasm Concerns  
Male Libido  
Premature Ejaculation  
Erectile Dysfunction  
Delayed Ejaculation

2:15 PM Ends

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## Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.

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## The Presenter

Dr. Marianne Brandon is a clinical psychologist and Diplomate in sex therapy. She writes the popular Psychology Today blog "The Future of Intimacy." She is author of *Monogamy: The Untold Story*, *Unlocking the Sexy in Surrender: Using the Neuroscience of Power to Recharge Your Sex Life*, and co-author of *Reclaiming Desire: 4 Keys to Finding Your Lost Libido*. She co-hosted a talk radio show, is a past book review editor for the American Association of Sex Educators, Counselors, and Therapists, past board member of The International Society for the Study of Women's Sexual Health, and regularly writes and lectures for professional and lay audiences. She has served twice as a panel member for FDA hearings evaluating medications relevant to female sexual function. Her areas of expertise include the conceptualizing human sexuality and sexual dysfunction from an evolutionary perspective. You can learn more about her work at [www.drbrandon.net](http://www.drbrandon.net), join her on twitter @DrBrandon, and on facebook / DrMarianneBrandon. Dr Brandon is in private practice in Sarasota, Florida.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

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