

# Clinical Work with Older Adults

As people are living longer worldwide, clinicians will increasingly need the skills and knowledge to work with older adults. Professional guidelines indicate that specific competencies are needed to work effectively with older clients, yet many clinicians surveyed say they have not had sufficient training and experience to work with this client population. This webinar is designed to familiarize participants with information and useful strategies from the scientific literature and clinical experience to allow you to work competently and successfully with older adults. The webinar will cover normal aging as well as health and cognitive concerns in older adults. Adjustments to assessment and intervention strategies to meet the needs of older adults will be discussed. Awareness of ageism and cultural factors will also be covered.

## Target Audience

Psychologists      Social Workers      Counselors  
Therapists      Psychiatrists      Nurses  
Course level: Intermediate

## Learning Objectives

At the end of this seminar, participants will be able to:

1. Identify three possible consequences of ageism
2. Identify how to adjust assessment/intervention to working with older adults
3. Identify normal vs. worrisome cognitive changes with age
4. Identify cultural factors in working with older adults
5. Describe how medical conditions can mimic/exacerbate psychiatric symptoms

## Seminar Schedule

Typically begins at 10AM and ends at 1:15 PM Eastern time. There is one 15 minute break. However, check the webinar schedule.

## How To Register:

On-Line at [tzkseminars.com](http://tzkseminars.com)  
Register On-Line for only \$59

## Outline

Begin 10 AM ET  
Introduction/Background  
Ageism  
Normal Aging  
Mental Illness in Older Adults  
Delirium and Dementia  
Decisional Capacity  
Physical vs. Psychiatric Presentations  
Break 11:30-11:45 AM ET  
Cultural Considerations  
Cognitive Changes and Mental Illness  
Assessment of Older Adults  
Treatment Planning  
Treatment Considerations for Specific Presenting Problems  
Memory Tools/Strategies  
Death and Dying  
End 1:15 PM ET

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

### Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.

PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

SOCIAL WORKERS: tzkseminars (Provider # 1242) is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. tzkseminars maintains responsibility for this course. ACE provider approval period: 3/28/2022 to 3/28/2025. Social workers completing this course receive 3 general continuing education credits.

COUNSELORS: tzkseminars has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6621. Programs that do not qualify for NBCC credit are clearly identified. tzkseminars is solely responsible for all aspects of the programs.

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tzkseminars is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

## The Presenter

Dr. Heather Hartman-Hall, a licensed psychologist, earned her Ph.D. in Clinical Psychology from American University in 2000. She has provided crisis counseling, individual/group psychotherapy, consultation and assessment for adolescents and adults in a variety of settings including a state psychiatric hospital, a juvenile facility, elder care facilities, primary care, and private practice. For more than a decade, she conducted individual and group psychotherapy with psychiatric inpatients presenting with difficulties including severe mental illness, substance abuse, cognitive impairment, significant trauma histories, dissociative symptoms, and self-harming behaviors. She has provided training, supervision, consultation, and program development on topics including assessment, self-injury, psychological trauma, and working with older adults. She has extensive experience in psychological assessment, including assessment for cognitive impairment and the effects of psychological trauma. Dr. Hartman-Hall has served as the Director of Training, a clinical supervisor, and a regular seminar presenter for an APA-accredited clinical psychology pre-doctoral internship. She currently provides assessment, intervention, and consultation in a primary care setting and is a faculty member of an internal medicine residency program.

## General Information

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

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