

# Applying Attachment Theory in Work with Sexually Abusive Youth

Attachment theory can inform work with sexually abusive youth. This webinar will describe and discuss the use of attachment theory as a model and methodology by which to better understand the development of juvenile sexually abusive behavior and to better understand individual clients from an attachment-informed perspective. The webinar is not intended as a primer or introduction to attachment theory, but does provide a descriptive overview of relevant theoretical models, and includes case studies that highlight the use of attachment theory as a framework by which to understand and explore work with sexually troubled young people and their families. The webinar is designed for those wishing to learn more about attachment theory and its application in treatment with sexually abusive youth.

## Target Audience

Psychologist      Social Workers      Counselors  
Teachers          Therapists          Case Managers  
Marriage and Family Therapists      Nurses

This seminar is for intermediate to advanced level clinicians

## Learning Objectives

At the end of this seminar, participants will be able to:

1. Identify the linkages between early attachment experiences and the development of critical social skills and social competence.
2. Identify the implications of attachment difficulties on the development of troubled sexual and non-sexual behavior.
3. Explain the research on attachment and juvenile sexual offending.
4. Describe how an attachment-informed model can aid in understanding individual cases and the development of treatment strategies and approaches.
5. Explain how to use case study as a means for developing an attachment-informed case formulation.

Our seminars are available in two formats. The first is a live, interactive webinar. You can ask questions of our presenters, either by typing them or speaking into a microphone. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

## Outline

**Begin 10 AM ET**

**An Attachment-Informed Approach to Treatment**

**Attachment Theory as a Tool in Treatment**

**Break 11:30-11:40 AM ET**

**The Foundations of Attachment**

**Basic Models and Working Definitions of Attachment**

**Applying Attachment Theory in Treatment**

**Lunch Break 1-1:30 PM ET**

**An Attachment-Informed Template**

**Attachment Theory into Practice I: Case Formulation**

**Attachment Theory into Practice II: Treatment Planning**

**Break 3:15-3:25 PM ET**

**The Attachment-Informed Therapeutic Relationship**

**The Attachment-Informed Treatment Environment**

**Break 4:30-4:45PM ET**

**Wrapping Up: Conclusions**

**End 5 PM ET**

## The Presenter

Phil Rich holds a doctorate in applied behavioral and organizational studies and a master's degree in social work, and is a licensed independent clinical social worker. Phil was the Clinical Director of the Stetson School for 13 years, a Massachusetts based residential treatment program for sexually reactive children and adolescent sexual offenders. Phil presents, trains, and consults nationally and internationally, and is currently in private practice as a consultant and trainer, specializing in work with juvenile sexual offenders. He is the author of "Understanding Juvenile Sexual Offenders: Assessment, Treatment, and Rehabilitation," "Attachment and Sexual Offending: Understanding and Applying Attachment Theory to the Treatment of Juvenile Sexual Offenders," "Juvenile Sexual Offenders: A Comprehensive Guide to Risk Evaluation," and the "Stages of

## Seminar Schedule

Begin 10AM EST and end 5:00 PM, with 10 minute breaks at 11:30, 3:15, and 4:30, and a half hour lunch break at 1PM

## Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 6 CE's for attending once they have completed these requirements.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

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