

# Working with Patients with Eating Disorders: Effective Assessment and Treatment Engagement

This training will offer the opportunity to learn about the diagnosis, assessment, theory, and treatment of eating, weight and shape disorders. While working with clients with eating disorders (EDs) can present unique challenges, we will explore the perception/stigma that these clients are notoriously difficult to treat. We will focus on the importance of integrative treatments, and the role of behavioral, symptom focused techniques in addition to psychodynamic approaches that explore underlying characterological and developmental issues. This training will also consider potential challenges clinicians may face when working with clients with eating disorders and how to cope with feelings that may arise when working with this population.

## Target Audience

Psychologists  
Therapists

Social Workers  
Psychiatrists

Counselors  
Nurses

Course Level: Advanced

## Learning Objectives

- At the end of this seminar, participants will be able to:
1. Describe 3 pivotal events in the history of EDs and key diagnostic criteria that distinguish the major DSM diagnostic disorders for adults
  2. Identify 3 key domains in the assessment of EDs
  3. Explain different theoretical conceptualizations of EDs, their evidence bases and key techniques
  4. Identify factors that influence clinicians' reactions (countertransference) when working with patients with EDs and how to work with these feelings
  5. Identify treatment considerations critical to patients with eating disorders

## Seminar Schedule

This seminar runs from 3 PM-5:15 PM Eastern Time.

## Outline

Begin 12 PM ET

- Diagnosis (30 mins)
- Etiology & Development (30 mins)
- Assessment (30 mins)
- Break 1130am (15 mins)
- Conceptualization & Treatment (45 mins)
- Challenges (30 mins)
- Questions (15 mins)

End 3:15 PM ET

Our seminars are available in two formats. The first is a live, interactive webinar. You can ask questions of our presenters, either by typing them or speaking into a microphone. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

## Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.

PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

SOCIAL WORKERS: tzkseminars (Provider # 1242) is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. tzkseminars maintains responsibility for this course. ACE provider approval period: 3/28/2022 to 3/28/2025. Social workers completing this course receive 3 general continuing education credits.

COUNSELORS: tzkseminars has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6621. Programs that do not qualify for NBCC credit are clearly identified. tzkseminars is solely responsible for all aspects of the programs.

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tzkseminars is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

## The Presenter

Dana Satir, PhD, was awarded her doctorate in psychology from Boston University in 2012. She completed her clinical internship at the Cambridge Health Alliance/Harvard Medical School in adult community psychiatry, and went on to receive advanced training in family based treatment for eating disorders (Maudsley) during her postdoctoral fellowship at Children's Hospital Colorado. Over the past decade Dr. Satir has been practicing psychotherapy and offering clinical supervision in a variety of inpatient and outpatient settings, specializing in complex populations including patients with eating and personality disorders. She has received grant funding for her research in anorexia nervosa, and published and presented her work on the therapeutic alliance and clinician reactions to patients with eating disorders. She is currently in private practice in Denver and Boulder, CO, with an appointment as an Adjunct Instructor at the University of Denver where she teaches graduate courses on eating disorder treatment and psychodynamic psychotherapy.

## General Information

The TZKseminars educational planning committee members and this seminar's presenter have no relationship with a commercial interest pertinent to the content of this seminar.

Individuals with a disability or special need can go to [tzkseminar.com](http://tzkseminar.com) to the Contact page to request accommodations.

This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

To cancel a registration, go to the Contact page. You will be charged \$30 for any cancelled registration.

If you would like to file a grievance, go to [tzkseminars.com](http://tzkseminars.com) and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:

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