

# Bullying in School: Definition, Prevalence, Effects, Prevention, and Intervention

Bullying has become a high priority problem for many schools. Across the country, most states have passed laws that prohibit bullying and harassment because of the hostile and discriminatory environment that they create. Students who are targeted by bullying suffer educational discrimination as well as a host of internalizing and externalizing problems. Likewise, the effects on bullies and bystanders are not to be dismissed. This webinar will take participants through basic and mid-level information on bullying that will provoke critical thinking about how we have traditionally sought to prevent and respond to this problem. It will consider how context shapes behaviors and how we as adults in the school environment can influence context. Finally, this webinar will look at ways to respond to bullying that avoid the traditional "investigate, interrogate, blame, and punish" approach to solving the problem of bullying.

## Target Audience

Psychologists      Social Workers      Counselors  
Therapists      Psychiatrists      Nurses  
Course level: Intermediate

## Learning Objectives

At the end of this seminar, participants will be able to:

1. Define bullying and identify how it is different from other social behaviors such as conflict, aggression, teasing, and social drama.
2. Identify the effects that bullying has on targets, their families, bystanders, and aggressors.
3. Identify how context plays a role in bullying with a focus on the various roles that students and adults play in bullying.
4. Describe how to prevent bullying.
5. Name three approaches to addressing and responding to bullying.

## Seminar Schedule

Typically begins at 10:00 PM and ends at 1:15 PM Eastern time. There is one 15 minute break. However, check the webinar schedule.

## Outline

Begin 10 AM ET  
The Effects of Bullying  
The Prevalence of Bullying  
The Context of Bullying  
What is Bullying?  
What's Not Bullying? The Messy Milieu

BREAK 11:30-11:45 AM ET

Responding to Bullying: Talking and Relating to Youth  
Responding to Bullying: Support for Victims=Prevention  
School Climate and Culture: Where It Begins and Ends=Prevention  
A Holistic Approach to Prevention and Intervention: The "Natick" Model  
Conclusion: Alberti Center Slide Show

End 1:15 Pm ET

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## Continuing Education Credit

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## The Presenter

Kathleen Allen (Katy) is the Training and Evaluation Specialist at the Alberti Center for Bullying Abuse Prevention at the University at Buffalo, State University of New York. A life-long educator, Katy has taught online courses at the Graduate School of Education at UB, reading and writing to transitional students at Monroe Community College, Rochester, NY, and safety education programs at Rochester's National Center for Missing and Exploited Children. She has worked with school districts to assess their school climate and is currently working on an evaluation of a school-based child safety curriculum. Her research interests include bullying in schools and adolescent social drama.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

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