

# Youth Suicide: Prevention and Intervention

The incidence of youth suicide requires that schools and communities collaborate and increase suicide prevention efforts and that they be prepared to respond if a suicide occurs in order to reduce suicide contagion. This presentation will help school and community mental health personnel increase their understanding of the most common factors in youth suicide. Participants will learn effective strategies to prevent youth suicide and lessons from the aftermath of numerous suicides.

## Target Audience

Psychologist      Social Workers      Counselors  
Teachers          Therapists          Case Managers  
Marriage and Family Therapists      Nurses  
This seminar is for intermediate to advanced level clinicians

## Learning Objectives

- At the end of this seminar, participants will be able to:
1. Identify protective factors and primary prevention programs to prevent youth suicide.
  2. Identify and dispel key myths about suicide.
  3. Describe the relationship between school shootings and suicide and identify the most common motivation for murder/suicide.
  4. Describe a comprehensive best practices model for suicide prevention, intervention and postvention in the schools that includes assessment and depression screening
  5. Identify the lessons from a number of legal cases where schools were sued following a youth suicide.

Our seminars are available in two formats. The first is a live, interactive webinar. You can ask questions of our presenters, either by typing them or speaking into a microphone. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

## Outline

Begin 1:00 PM ET

Prevalence  
Murder/Suicide  
Best Practices for Schools  
Warning Signs  
Suicide Risk Assessment  
Break 2:30-2:45 PM ET  
Safety Plans  
Lawsuits  
Imitative Behavior  
Postvention  
Cluster Interventions

End at 4:15 PM ET



## The Presenter

Dr. Scott Poland is a Professor at CPS and the Co-Director of the Suicide and Violence Prevention Office at Nova Southeastern University.

The presenter is an internationally recognized expert on school crisis and youth suicide and has authored five books and numerous chapters on the subject. He previously directed psychological services for a large Texas school system for 24 years and is a past President of the National Association of School Psychologists and a past Prevention Division Director for the American Association of Suicidology. He recently co-authored the Suicide Safer School Plan for the Texas State Health Services Department and Mental Health America Texas. He was also a founding member of the National Emergency Assistance Team and has assisted schools/communities after many tragedies such as school shootings, suicides and acts of terrorism. He is very dedicated to prevention and has testified about the needs of children before the U.S. Congress on four occasions. He has also been involved as an expert witness in numerous legal cases where schools were sued following a crisis.

## Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

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