Our seminars are available in two formats: The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE’s for both the live webinar and the Home Study version.

Outline

Begin 11 AM ET
The program will be conducted in four blocks of 30-minutes each, including Q & A periods.

First 30-min period: Conceptualization of addiction, including definition, causes, and risk factors

Second 30-min period: Treatment of addiction, including medications and psychotherapies

Third 30-min period: Latest issues in addiction, including vaping, cannabis use, and opioid epidemic

Fourth 30-min period: Discussion of resources for providers and how to implement them in practice

End 1 PM ET

General Information

The TZKseminars educational planning committee members and this seminar’s presenter have no relationship with a commercial interest pertinent to the content of this seminar. Individuals with a disability or special need can go to tzkseminars.com to the Contact page to request accommodations. This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, and Loreen Yearick, MSN, RN. This approval expires on March 1, 2022.

To cancel a registration, go to the Contact page. You will be charged $30 for any cancelled registration. If you would like to file a grievance, go to tzkseminars.com and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:

Dr. Lara Ray, LICSW, PhD
Address: 6030 Daybreak Circle, Suite A150/355
City: Clarksville, MD 21029

The Presenter

Lara Ray, PhD, earned her doctorate in clinical psychology at the University of California, Boulder, in 2007. During her training she specialized in the biological bases of behavior, including behavioral genetics and neuroscience of addiction. Dr. Ray completed her predoctoral internship at Brown University Medical School, where she also completed a postdoctoral fellowship in Addiction Psychology at the Brown University Center for Alcohol and Addiction Studies. In 2008, Dr. Ray joined the faculty in the Department of Psychology at the University of California Los Angeles (UCLA), where she is now a full professor. Dr. Ray has been actively engaged in research, teaching, and practice of psychology with a focus on addiction. She provides direct services to patients in her private practice and she leads a Cognitive Behavioral Therapy Clinic for Addiction within the UCLA Psychology Clinic. Dr. Ray has over 200 peer-reviewed publications, mostly on the topic of addiction etiology and treatment. Dr. Ray has been widely recognized for her scientific contributions to the field, notably receiving the prestigious Distinguished Scientific Award for Early Career Contribution to Psychology by the American Psychological Association (APA) in 2017.

Dr. Ray lectures nationally and internationally on the topic clinical research in addiction.

Learning Objectives

At the end of this seminar, participants will be able to:

1) Describe the conceptualization of addiction from a scientific viewpoint.
2) Explain a host of evidence-based treatments for addiction.
3) Identify recent developments in substance use disorders, including vaping of tobacco products, marijuana use in the context of legalization, and the opioid epidemic.
4) Select a host of evidence-based resources for the assessment and treatment of substance use disorders.
5) Utilize a host of evidence-based resources for the assessment and treatment of substance use disorders.

Target Audience

Psychologists
Therapists
Social Workers
Counselors
Psychiatrists
Nurses
Course level: Intermediate

Seminar Schedule

Typically begins at 11:00 AM and ends at 1:00 PM Eastern time. However, check the webinar schedule.

Addiction: Conceptualization, Treatment, Clinical Updates and Provider Resources

In this program I will review the conceptualization of addiction, including the biological bases for how alcohol and drugs alter the brain. I will then discuss evidence-based treatments for addiction, including pharmacological and psychosocial treatment options. I will review their evidence-based as well as provide practice advice on their implementation. Then, I will discuss the latest developments in substance use disorders, including vaping, cannabis use legalization, and the opioid epidemic. I will conclude by reviewing a host of free resources for evidence-based practices in addiction, primarily those offered by the National Institutes of Health. I will conduct this seminar by combining lecturing, question & answer periods, videos, and polling tools to engage the audience.