The concept of posttraumatic growth (PTG), that is, how people report personal transformations in the aftermath of traumatic events is an emerging area of research and clinical focus. These growth experiences are relatively common, but often ignored in standard trauma practice due to relatively few clinicians fully understanding the concept. In order to enhance trauma-focused clinical services, professionals should learn to integrate the PTG model into their trauma treatment strategies and practice. PTG is based on an integrative cognitive-existential-narrative theoretical foundation. The theoretical foundation of PTG also informs a highly effective intervention strategy that has been labeled “Expert Companionship.” Using the Expert Companionship clinical approach in treating trauma survivors facilitates personal development beyond the reduction of symptoms of trauma. In fact, trauma survivors are able to both reduce symptoms of PTSD and related conditions and learn to use their difficult life experiences as a means to live a more rewarding and fulfilling life. This is important considering the field of mental health recognizes that standard practice for PTSD has important limitations. This posttraumatic growth based approach shows promise for addressing these limitations.

Outline

Begin 11AM EST
Overview of Posttraumatic Growth
Definition History Examples
Review of Evidence-Based Practice and Posttraumatic Growth
What Evidence-Based Practice Is and Is Not
Overview of Expert Companionship
Five Phases of Expert Companionship
Facilitating Expert Companionship
Integrating Expert Companionship into Your Clinical Practice

END 2:15 PM EST

Our seminars are available in two formats: The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE’s for both the live webinar and the Home Study version.

Learning Objectives

At the end of this seminar, participants will be able to:
1. Describe the general concept of posttraumatic growth
2. List and give examples of the five domains of posttraumatic growth
3. Describe and apply the theoretical and research basis of posttraumatic growth to the posttrauma experience of clients/patients
4. List and explain the five phases of expert companionship
5. Summarize and utilize a framework for facilitating posttraumatic growth with clients/patients through expert companionship within existing treatment models

The Presenters

Bret A. Moore, Psy.D., ABBP is Vice Chair of the Boulder Crest Institute for Posttraumatic Growth and a clinical and prescribing psychologist based in San Antonio, Texas. He is a former active duty Army psychologist and completed two tours (27 months) in Iraq as a Clinical Psychologist and held the positions of Chief of Clinical Operations and Officer in Charge of Preventative services while deployed. He is the author and editor of 20 books, including Handbook of Clinical Psychopharmacology for Psychologists, Handbook of Clinical Psychopharmacology for Therapists, Child and Adolescent Clinical Psychopharmacology Made Simple, Treating PTSD in Military Personnel: A Clinical Handbook, The Posttraumatic Growth Workbook, and The Toll of War: Addressing the Psychological Impact of War. He is an associate editor of GSA’s Journal of Traumatic Stress and is a frequent consultant to the Department of Defense. Dr. Moore is a Fellow of the American Psychological Association and recipient of the Charles S. Gersoni Military Psychology Award and the Arthur W. Melton Award for Early Career Achievement in Military Psychology from Division 19 and the Early Career Achievement Award in Public Service Psychology and the Peter J. Linnerooth National Service Award from Division 19 of APA. His views on clinical and military psychology have been quoted in USA Today, The New York Times, and on CNN and Fox News. He has appeared on NPR, the BBC, and CBC.

Richard Tedeschi, Ph.D. is Professor Emeritus in the Department of Psychological Science at the University of North Carolina at Charlotte, and Distinguished Chair of the Boulder Crest Institute for Posttraumatic Growth, in Bluemont, Virginia. He has published several books and numerous professional articles on posttraumatic growth, an area of research that he developed. The term personal transformation in the aftermath of traumatic life events - Dr. Tedeschi serves as a consultant to the American Psychological Association on trauma and resilience, is a Fellow of the Division of Trauma Psychology and the Division of Psychotherapy, and is Past President of the North Carolina Psychological Association.

General Information

The TZKseminars educational planning committee members and this seminar’s presenter have no relationship with a commercial interest pertinent to the content of this seminar. Individuals with a disability or special need can go to tzkseminars.com to the Contact page to request accommodations. This seminar has been reviewed and approved by Keith Hannan, Ph.D.; Phil Rich, LICSW, and Karen Yerrick, MAH. Please be aware that two approvals are on file for you, one for the seminar, and one for the Home Study version. To cancel a registration, go to the Contact page: You will be charged $30 for any cancelled registration.

If you wish to file a grievance, go to tzkseminars.com and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:

Tzkseminars
6030 Daybreak Circle, Suite AI50/355
Clarksville, Md. 21029

Understanding and Facilitating Posttraumatic Growth

Psychologists
Target Audience
Therapists
Social Workers
Counselors
Nurses
Course level: Intermediate

Continuing Education Credit

To earn CE’s, you must attend the entire webinar. No partial credit is available. For both the webinar and the Home Study version.

Learning Objectives

To earn CE’s, you must attend the entire webinar. No partial credit is available. For both the webinar and the Home Study version.

Psychologists
Therapists
Target Audience
Social Workers
Counselors
Nurses
Course level: Intermediate

Outline

Begin 11AM EST
Overview of Posttraumatic Growth
Definition History Examples
Review of Evidence-Based Practice and Posttraumatic Growth
What Evidence-Based Practice Is and Is Not
Overview of Expert Companionship
Five Phases of Expert Companionship
Facilitating Expert Companionship
Integrating Expert Companionship into Your Clinical Practice

END 2:15 PM EST

Our seminars are available in two formats: The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE’s for both the live webinar and the Home Study version.

Learning Objectives

At the end of this seminar, participants will be able to:
1. Describe the general concept of posttraumatic growth
2. List and give examples of the five domains of posttraumatic growth
3. Describe and apply the theoretical and research basis of posttraumatic growth to the posttrauma experience of clients/patients
4. List and explain the five phases of expert companionship
5. Summarize and utilize a framework for facilitating posttraumatic growth with clients/patients through expert companionship within existing treatment models

Seminar Schedule

Typically begins at 11:00 AM and ends at 2:15 PM Eastern time. There is one 15 minute break. However, check the webinar schedule.