The Treatment of Complex Alcohol, Tobacco, and Drug Dependence

Substance abuse is one of the most common clinical problems of patients who present for treatment. These patients struggle with a life-threatening, clinically complex problem that is subject to a variety of physiological and psychological factors. This webinar will focus on treating people plagued by complex additions issues. You will learn about the risk and protective factors related to addiction. There will also be useful suggestions for assessing and treating addicted patients. Adolescent addiction will be discussed. There will also be material on motivational interviewing and effective stress control.

Outline

1. Identify important risk and protective factors for addiction
2. Discuss the common clinical models of addiction and treating addicted patients
3. Describe the common characteristics and co-occurring mental disorders of complex additions
4. Identify the key elements of successful addiction recovery
5. Utilize time lines and developmental models to guide treatment

Learning Objectives

At the end of this seminar, participants will be able to:

- Identify important risk and protective factors for addiction
- Discuss the common clinical models of addiction and recovery
- Describe the common characteristics and co-occurring mental disorders of complex additions
- Identify the key elements of successful addiction recovery
- Utilize time lines and developmental models to guide treatment

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