Personality disorders are a common co-occurring condition in about half of the patients seeking outpatient mental health treatment. While most clinicians regularly see patients with a personality dysfunction, it is not always identified and may complicate treatment. Left untreated, personality disorders place a great burden on health care systems, families, and communities. When you are equipped with a basic knowledge of personality disorders and their treatment, you can incorporate strategies to increase effectiveness in reducing therapeutic ruptures and achieve better outcomes. Personality dysfunction complicates and reduces efficacy of first-line treatment approaches to clinical syndromes such as anxiety, depression, and addiction, as well as increasing the challenge of working with couples and families. When patients with personality dysfunction are unidentified and untreated, therapist frustration may ensue and lead to unintended therapeutic ruptures and treatment dropouts. Early identification and appropriate treatment reduce susceptibility to addictions and other comorbid disorders. Clinicians who understand and identify personality disorders and possess a cohesive conceptual framework can effectively treat personality dysfunction, optimize treatment and improve outcomes. This seminar provides you with the foundation necessary for identification, conceptualization, effective management, and treatment of personality dysfunction.

Learning Objectives
At the end of this seminar, participants will be able to:
1. Utilize a structural system for diagnosing personality dysfunction
2. Identify four evidence-based approaches to treating personality disorders
3. Utilize the essential components of various treatment models to more effectively conceptualize and treat personality dysfunction
4. Identify how unresolved trauma can manifest in personality dysfunction and what to do
5. Develop effective treatment plans and strategies that work

Seminar Schedule
Typically begins at 10:00 AM and ends at 1:15 PM Eastern time. There is one 15 minute break. However, check the webinar schedule.

General Information
This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, and Loreen Yerrick, MSN, RN. This approval expires on March 1, 2022. To cancel a registration, go to the Contact page. You will be charged $30 for any cancelled registration. If you would like to file a grievance, go to tzkseminars.com and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:

Tzkseminars
6030 Daybreak Circle, Suite A150/355
Clarksville, Md. 21029

The Presenter
Jeffrey J. Magnavita, Ph.D., ABPP is a clinical psychologist with over three decades of clinical experience working with personality dysfunction. He is an internationally recognized speaker who has published eleven professional volumes on personality disorders, personality theory, psychotherapy, clinical decision making, and technology in mental health practice. His psychotherapeutic work has been featured in two APA psychotherapy videos. He served on the APA Clinical Practice Guideline Committee and was invited to serve on the Advisory Work Group on the Implementation of Evidence-Based Practice. He served as the President in 2010 of the Society for the Advancement of Psychotherapy. He is the founder and CEO of Strategic Psychotherapeutics, LLC and the developer of StratPsych®, an online learning system for psychotherapists.

Essential Components
- Emotion, defense, cognition
- Key concepts
- Treatment
- Formulating core issues
- Alliance maintenance
- Anxiety regulation
- Complex trauma
- Treatment packages

Outline
Begin 10 AM EST
Ethical Considerations
Therapist characteristics & self-assessment
Personality System
Classification of personality disorders
Etiology
Neuroscience
Classification & comorbidity
Patient case example (15 min)

Essential Components
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Ends 1:15