

# Heather M. Hartman-Hall, Ph. D.

## EDUCATION

**American University, Washington, DC**

**Ph. D. in Psychology, December 2000**

**M. A. in Psychology, December 1997**

APA-accredited doctoral program in Clinical Psychology

Hurst Scholar Award, 1994-1998

Teaching Unit Fellowship, 1994-1998

APA-accredited doctoral internship, Springfield Hospital Center, 1999-2000

**University of Maryland, College Park, Maryland**

**B. S. in Psychology, May 1994**

Summa Cum Laude, with Honors in Psychology

## CLINICAL/WORK EXPERIENCE

**Medstar Franklin Square Medical Center**

**Internal Medicine Residency Program**

Baltimore, Maryland

July 2015- present

Faculty member of internal medicine residency program. Consulting and providing didactic training on psychology and behavioral health topics to residents and faculty. Seeing patients referred for behavioral health consultation and precepting residents on behavioral health cases in a primary care center. Facilitating reflection/burnout prevention groups for residents. Administrative duties including evaluating residents, program development and resident selection.

**TZK Seminars**

May 2012 – present

Regular webinar presenter for continuing education provider on topics including psychological trauma and clinical work with older adults clients.

**Springfield Hospital Center**

Sykesville, Maryland

October 2000 – June 2015

*Director of Intern Training; Co-Associate Director, Department of Psychological Services*

March 2010 – June 2015

Coordination and oversight of selection, training, supervision, and evaluation of doctoral level psychology interns. Maintaining program adherence to APA accreditation standards and APPIC policies. Chair of Intern Steering Committee and Intern Selection Committee. Program evaluation and development for internship program. Clinical and administrative supervision of interns. Assisting the Director in strategic planning for the Department. Coverage for Director's duties during his absences including representation of the Department in Clinical Leadership meetings, presentations, staff management, and emergency patient coverage. Coordinating seminar series and Chair of Department's Continuing Education Committee. Development

and coordination of hospital-wide cognitive remediation program. Providing training to medical students and social work trainees about psychological services. Chaired hiring panel for staff psychologist. Medical Records Committee member. Received management training.

*Staff Psychologist*

October 2000 – March 2010

Crisis intervention, treatment planning, individual and group therapy, assessment and family meetings with adult inpatients and residents of assisted living facility. Consultation, training, and clinical work in the areas of psychogeriatrics, psychological trauma, and self-injurious behaviors. Clinical supervision of interns for psychotherapy and assessment.

**Lafferman & Associates**

March 2009 – June 2015

Individual psychotherapy, assessment, consultation, and staff in-service training provided in nursing homes and a psychogeriatric inpatient unit. Working with medical and social work staff to complete assessments and coordinate services.

**Baltimore Testing and Assessment Services**

November 2008 – August 2009

Scoring and report writing for comprehensive psychological evaluations of adolescents and adults with memory, learning, and psychiatric difficulties.

**Thomas O'Farrell Youth Center**

Marriottsville, Maryland

September 2006 – November 2008

Individual psychotherapy and crisis intervention at a residential facility for 13-to 18-year-old boys remanded to the Department of Juvenile Services after adjudication in the juvenile justice system.

**Office of Melinda Stein, Ph.D.**

Baltimore, Maryland

September 2000 – June 2001

Providing individual and group therapy in a program for children identified as Emotionally Disturbed at a Baltimore middle school. Psychological assessments at schools in Baltimore City and Baltimore County as well as children and adolescent wards at Sheppard Pratt Hospital.

**Springfield Hospital Center**

Sykesville, Maryland

**Thomas O'Farrell Youth Center** (internship outplacement)

Marriottsville, Maryland

September 1999 - September 2000

*APA-Accredited Pre-doctoral Psychology Internship*

Individual and group therapy and psychological assessment with adult inpatients. Particular focus on working with racially and ethnically diverse clients, survivors of trauma, and patients dually diagnosed with addictions and mental illness. Individual and family therapy at a residential facility for boys ages 13 to 18 who were remanded to the Department of Juvenile Services.

**Greenbelt CARES Youth and Family Services Bureau**

Greenbelt, Maryland

May 1998 - April 1999

Crisis intervention, intakes, short-term and long-term psychotherapy for individuals, couples and families, most referred for services by the Greenbelt City Police. On-call to respond to crises with the police. Developed and co-ran a manualized support group for survivors of domestic violence.

**Children's National Medical Center**

**Hyperactivity and Learning Problems Clinic**

Fairfax, Virginia

June 1998-September 1998

*Summer externship.* Conducting psychological assessments and parent interviews for children and adolescents and writing reports for use by schools, families, and other treatment providers.

**University of Maryland, College Park**

**Counseling Center** *and*

**Parent Consultation and Child Evaluation Service**

College Park, Maryland

August 1997-May 1998

*Externship.* Individual therapy and intakes with college students at a large university with a diverse student population. Individual therapy, assessment, and intake interviews with children. Group therapy for pre-adolescent boys. Consultation for parents and school personnel.

**Greenbelt CARES Youth and Family Services Bureau**

Greenbelt, Maryland

November 1996 - January 1998

Cognitive-behavioral family and couples therapy. Comprehensive intake interviews with families seeking services. Participation in group supervision and didactic seminars.

**Northwest Center for Community Mental Health**  
**A Men's Program**  
Annandale, Virginia  
June 1996 - August 1996

Co-leader for psychoeducational group for men who were court-ordered or self-referred as perpetrators of domestic abuse.

**PUBLICATIONS**

Hartman-Hall, H. M., & Haaga, D. A. F. (1999). Content Analysis of Cognitive Bias: Development of a Standardized Measure. Journal of Rational-Emotive & Cognitive-Behavior Therapy, 17, 105-114.

Hartman-Hall, H. M., & Haaga, D. A. F. (2002). College Students' Willingness to Seek Help for Their Learning Disabilities. Learning Disability Quarterly, 25, 263-274.

**SELECTED PRESENTATIONS**

“Clinical Work with Older Adults” - Continuing Education Presentation for Springfield Hospital Center Department of Psychological Services; 2015

“Making Sense of the Complexities of Trauma” - TZK Seminars, live webinar offered regularly since May 2012

Multiple-topic Assessment Seminar Series (including ethics, diversity factors, WAIS-IV, cognitive impairment, evaluation of memory, etc.) - Springfield Hospital Center APA-Accredited Internship in Psychology; Fall 2011-present

“Screening for Cognitive Impairment” – Continuing Education Presentation for Springfield Hospital Center Department of Psychological Services; 2011, 2012

“Practical Strategies in Psychogeriatrics” – Springfield Hospital Center Rehabilitation Department's Joint In-service, December 2008

“Successful Hospital Treatment of a High Profile Borderline Patient” - Springfield Hospital Center's Psychiatric Grand Rounds, September 2008

“Making Sense of the Complexities of Trauma” – Betty Cox Associates Second Tuesday Series for Rehabilitation Health Professionals, February 2003

“Working with Traumatized Patients” - Springfield Hospital Center Occupational Therapy Department In-service, February 2002 and Springfield Hospital Center Activity Therapists In-service, July 2002

**PROFESSIONAL AWARDS**

State of Maryland Department of Health and Mental Hygiene 2011 Exceptional Performance Award

Springfield Hospital Center Employee Achievement Award, 2010

**Member, Maryland Psychological Association**

**Member, APA Division 38: Society for Health Psychology**

**Maryland License #3854**

References available upon request