

Ruth Whitney Ellingsen, Ph.D.
Curriculum Vitae

CONTACT INFORMATION

Address: University of California, Los Angeles
Semel Institute for Neuroscience & Human Behavior
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EDUCATION & TRAINING

- 2016 – present **Postdoctoral Fellow in Clinical Psychology**
University of California, Los Angeles
Semel Institute for Neuroscience & Human Behavior
Nathanson Family Resilience Center
Center Director: Patricia Lester, M.D
Training Director: Catherine Mogil, Psy.D.
- 2016 **Doctor of Philosophy in Clinical Psychology**
Minor: Health Psychology
University of California, Los Angeles
Dissertation: Resilient Parenting of Children at Developmental Risk
Dissertation Committee Chair: Bruce L. Baker, Ph.D.
- 2015 – 2016 **Pre-doctoral Intern in Clinical Psychology**
University of California, Los Angeles
Semel Institute for Neuroscience & Human Behavior
Stress, Trauma, & Resilience Track
Program Director: Rhonda Sena, Ph.D.
Advisor: Catherine Mogil, Psy.D.
- 2011 **Master of Arts in Clinical Psychology**
University of California, Los Angeles
Master's Thesis: Resilient Parenting of Children with Developmental Delays
Thesis Committee Chair: Bruce L. Baker, Ph.D.
- 2008 **Bachelor of Arts, magna cum laude, with Honors in Psychology**
Wake Forest University
Senior Honors Thesis: Mothers' Expectations for Adolescent Risk-Taking as Related to Mothers' Parenting Efficacy, Parenting Strategies, and Verbal Messages
Thesis Chair: Christy M. Buchanan, Ph.D.

HONORS and AWARDS

- 2014 **Dissertation Year Fellowship: UCLA**
2012 **Student Travel Award: International Society for Autism Research**

2011 & 2012 **Graduate Research Fellowship, Honorable Mention:** *National Science Foundation*
 2011 & 2012 **Graduate Summer Research Mentorship Award:** *UCLA*
 2008 **STARR Travel Grant:** *Wake Forest University*
 2008 **Meeting of the Minds Invitee:** *ACC President's Undergraduate Research Symposium*
 2007 – 2008 **Chapter President – Psi Chi National Honor Society in Psychology:** *Wake Forest*
 2007 **Wake Forest Summer Research Fellowship:** *Wake Forest University*
 2004 – 2008 **Dean's List:** *Wake Forest University*

RESEARCH EXPERIENCE

2016 – present **Postdoctoral Fellow in Clinical Psychology, FOCUS-Early Childhood Research Study**
UCLA Semel Institute for Neuroscience and Human Behavior
Advisors: Patricia Lester, M.D., Catherine Mogil, Psy.D., and Cara Kiff, Ph.D.

- Prepare manuscripts and presentations.

2010 – 2016 **Doctoral Student, Collaborative Family Study**

UCLA Department of Psychology

Advisors: Bruce L. Baker, Ph.D. and Jan Blacher, Ph.D.

This program of research focuses on family processes and the development of social competence, physical health, and psychopathology in children with and without developmental disabilities from early childhood to adolescence.

- Conducted master's thesis study examining what factors lead to positive parenting in the face of child and economic risk.
- Developed and implemented a coding system for parent interviews.
- Led undergraduate interns in coding audiotapes of parent interviews.
- Maintained a large database for parent interview data.
- Advised undergraduate students on projects submitted to research conferences and honors theses using Collaborative Family Study data.
- Conducted study examining health disparity between children with intellectual disability and typically developing children.
- Conducted dissertation research examining predictors of resilient parenting across time.

2010 – 2016 **Doctoral Student, Program for the Education and Enrichment of Relational Skills (PEERS)**

UCLA Semel Institute for Neuroscience and Human Behavior

Advisor: Elizabeth Laugeson, Psy.D.

This program of research focuses on social skills training for adolescents and young adults with autism spectrum disorders, including predictors of treatment outcome and translation to a school-based social skills training program.

- Conducted study examining social competence across adolescents with autism spectrum disorders and intellectual disability.
- Conducted study examining predictors of treatment outcome in the PEERS program.
- Conducted study examining the impact of teacher program satisfaction and treatment integrity on social skills treatment outcome.
- Provide consultation on statistical analyses for several research studies examining social skills interventions for adolescents and adults with autism spectrum disorders.

- Assist in composing conference presentations.

2009 – 2010 **Project Coordinator**, Program for the Education and Enrichment of Relational Skills (PEERS)

UCLA Semel Institute for Neuroscience and Human Behavior

Principal Investigator: Elizabeth Laugeson, Psy.D.

- Coordinated research projects for an evidence-based parent-assisted social skills training intervention study.
- Led training seminars for research assistants in the scoring and verification of psychosocial assessment measures.
- Supervised and trained research assistants in the scoring and verification of psychosocial assessment measures.
- Supervised and trained research assistants in all aspects of the research.
- Conducted telephone screenings to determine if participants met requirements to participate in research program.
- Maintained a large database for research participants.

2009 – 2010 **Research Assistant**, Collaborative Family Study

UCLA Department of Psychology

Principal Investigators: Bruce L. Baker, Ph.D. and Jan Blacher, Ph.D.

- Administered parent assessments for a study investigating the development of social competence and psychopathology in children with and without intellectual disability and related family factors.

2008 – 2009 **Senior Research Associate**, Program for the Education and Enrichment of Relational Skills (PEERS)

UCLA Semel Institute for Neuroscience and Human Behavior

Principal Investigator: Elizabeth Laugeson, Psy.D.

- Conducted telephone screenings to determine if participants met requirements to participate in an evidence-based parent-assisted social skills training intervention study.
- Administered and scored assessment measures for parents and children participating in intervention study.
- Maintained large database for research participants.

2007 – 2008 **Psychology Honors Student**, Buchanan Lab

Wake Forest University Department of Psychology

Advisors: Robert Beck, Ph.D., Deborah Best, Ph.D., and Christy Buchanan, Ph.D.

PUBLICATIONS

Ellingsen, R., Bolton, C., & Laugeson, E. A. (in press). Evidence-based social skills treatment for individuals with autism spectrum disorder across the lifespan. In J. B. Leaf (Ed.), *Handbook of Social Skills and Autism Spectrum Disorder: Assessment, Curricula, and Interventions*. New York, NY: Springer.

Ellingsen, R., Mogil, C., & Lester, P. (in press). The experience of families separated by military deployment. In M. R. T. de Guzman, J. Brown, & C. P. Edwards (Eds.), *Parenting From Afar: The Reconfiguration of the Family Across Distance*. New York, NY: Oxford University Press.

- Park, M., **Ellingsen, R.**, & Laugeson, E. A. (in press). Cognitive behavioral interventions to improve social skills. In M. DeVries & S. Goldstein (Eds.), *Handbook of DSM-5 Childhood Disorders*. New York, NY: Springer.
- Shelby, J., & **Ellingsen, R.** (2015). Play therapy research: Issues for twenty-first century progress. In C. E. Schaefer & K. J. O'Connor (Eds.), *Handbook of Play Therapy, 2nd Edition*. Hoboken, NJ: John Wiley & Sons.
- Laugeson, E. A., Gantman, A., Kapp, S., Orenski, K., & **Ellingsen, R.** (2015). A randomized controlled trial to improve social skills in young adults with autism spectrum disorder: The UCLA PEERS Program. *Journal of Autism and Developmental Disorders*.
- Ellingsen, R.**, Baker, B. L., Blacher, J., & Crnic, K. (2014). Resilient parenting of children at developmental risk across middle childhood. *Research in Developmental Disabilities, 35*, 1364-1374. DOI: 10.1016/j.ridd.2014.03.016
- Ellingsen, R.**, Baker, B. L., Blacher, J., & Crnic, K. (2014). Resilient parenting of preschool children at developmental risk. *Journal of Intellectual Disability Research, 58*, 664-678. DOI: 10.1111/jir.12063
- Laugeson, E. A., & **Ellingsen, R.** (2014). Social skills training for adolescents and adults with autism spectrum disorder. In F. Volkmar, B. Reichow, & McPartland, J. C. (Eds.), *Adolescents and Adults with Autism Spectrum Disorders* (61-85). New York: Springer.
- Laugeson, E. A., **Ellingsen, R.**, Sanderson, J., Tucci, L., & Bates, S. (2014). The ABC's of teaching social skills to adolescents with autism spectrum disorders in the classroom: The UCLA PEERS program. *Journal of Autism and Developmental Disorders, 44*, 2244-2256. DOI: 10.1007/s10803-014-2108-8
- Chang, Y., Laugeson, E. A., Gantman, A., **Ellingsen, R.**, Frankel, F., & Dillon, A. (2014). Predicting treatment success in social skills training for adolescents with autism spectrum disorders: The UCLA PEERS program. *Autism, 18*, 467-470. DOI: 10.1177/1362361313478995
- Wieland, N., Green, S. A., **Ellingsen, R.**, & Baker, B. L. (2014). Parent-child problem solving in families of children with and without intellectual disability. *Journal of Intellectual Disability Research, 58*, 17-30. DOI: 10.1111/jir.12009
- Mandelberg, J., Laugeson, E. A., Cunningham, T. D., **Ellingsen, R.**, Bates, S., & Frankel, F. (2014). Long-term treatment outcomes for parent-assisted social skills training for adolescents with Autism Spectrum Disorders: The UCLA PEERS program. *Journal of Mental Health Research in Intellectual Disabilities, 7*, 45-73. DOI: 10.1080/19315864.2012.730600.

PRESENTATIONS

SYMPOSIA

- Veytsman, E., **Ellingsen, R.**, Ashbaugh, K., Ferrendelli, C., Bates, S., & Laugeson, E. A. (2016, March). Selecting informants to assess social functioning and treatment outcome for adolescents with ASD. In E. Laugeson (Chair), *The delivery of evidence-based social skills for youth and young*

- adults with autism spectrum disorders: Theory, research, and practice.* Paper presented at the Gatlinburg Conference, San Diego, CA.
- Ellingsen, R.,** Baker, B. L., & Blacher, J. (2014, August). *Resilient parenting of adolescents with and without autism spectrum disorder.* Paper presented at the American Psychological Association Convention, Washington, D.C.
- Laugeson, E. A., Mandelberg, J., Cunningham, T. D., **Ellingsen, R.,** Bates, S., & Frankel, F. (2014, August). *Long term treatment outcomes for parent-assisted social skills training for adolescents with autism spectrum disorder: The UCLA PEERS program.* Paper presented at the American Psychological Association Convention, Washington, D.C.
- Ellingsen, R.,** Marquis, W., Baker, B. L., & Blacher, J. (2013, August). *Health disparity among children with ID and the impact on parent mental health.* Paper presented at the American Psychological Association Convention, Honolulu, HI.
- Dillon, A., **Ellingsen, R.,** Hopkins, J., & Laugeson, E. A. (2013, May). *Relationship between self-concept and peer victimization among adolescents with autism spectrum disorders.* Paper presented at the International Meeting for Autism Research, San Sebastián, Spain.
- Wasserman, M., Kalies, M., **Ellingsen, R.,** Bolourian, Y., & Laugeson, E. A. (2013, May). *Understanding the relationship between friendship quality and peer conflict following the UCLA PEERS School-Based Curriculum.* Paper presented at the International Meeting for Autism Research, San Sebastián, Spain.
- Ellingsen, R.,** & Baker, B. L. (2013, March). *Resilient parenting of children with intellectual disability across middle childhood.* Paper presented at the 46th Annual Gatlinburg Conference, San Antonio, TX.
- Ellingsen, R.,** & Baker, B. L. (2012, July). *Parenting children with intellectual disability: Understanding the risk and protective factors.* Paper presented at the International Meeting of the International Association for the Scientific Study of Intellectual Disabilities, Halifax, Nova Scotia, Canada.
- Ellingsen, R.,** & Baker, B. L. (2011, August). *Resilient parenting of children with intellectual disability.* Paper presented at the American Psychological Association Convention, Washington, D.C.
- Ellingsen, R.,** Blacher, J., & Laugeson, E. A. (2010, October). *When peers matter most: Adolescent social skills across symptom groups.* Paper presented at the International Meeting of the International Association for the Scientific Study of Intellectual Disabilities, Rome, Italy.
- Laugeson, E. A., **Ellingsen, R.,** Bates, S., Koeffler, C., & Sanderson, J. (2010, October). *The ABC's of making friends: Teaching social skills to adolescents with ASD in the classroom.* Paper presented at the International Meeting of the International Association for the Scientific Study of Intellectual Disabilities, Rome, Italy.
- Ellingsen, R.,** & Buchanan, C. M. (2009, April). *Mothers' expectations about adolescent risk-taking as predictors of parental efficacy, parenting strategies, and verbal messages.* Paper presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.

Buchanan, C. M., Jahromi, P. L., Kourmanova, R., Smith, C. E., Austin, A. T., Kennedy, S. P., & **Ellingsen, R.** (2008, March). *Service experiences and development of civic values and intentions among high school students required to do service*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.

POSTERS

- Rosen, N., Dahiya, A., **Ellingsen, R.**, Forby, L., Veytsman, E., & Laugeson, E. A. (2017, August). *Examining symptoms of attention deficit/hyperactivity disorder, depression, and social anxiety as a predictor of social skills outcomes amongst adolescents with autism spectrum disorder following the UCLA PEERS intervention*. Poster accepted for the American Psychological Association Convention, Washington, D.C.
- Dahiya, A., Veytsman, E., **Ellingsen, R.**, & Laugeson, E. A. (2015, November). *The relationship between social anxiety and social engagement among adolescents with autism spectrum disorder following the UCLA PEERS intervention*. Poster presented at Association of University Centers on Disabilities, Washington, D.C.
- Veytsman, E., Missler, D., **Ellingsen, R.**, & Laugeson, E. A. (2015, May). *Treatment compliance as a predictor of treatment outcome in adolescents with autism spectrum disorder following the UCLA PEERS social skills intervention*. Poster presented at the International Meeting for Autism Research, Salt Lake City, UT.
- Missler, D., Veytsman, E., **Ellingsen, R.**, & Laugeson, E. A. (2015, May). *Self-esteem predicting changes in friendship quality for adolescents with autism spectrum disorder: The UCLA PEERS for adolescents program*. Poster presented at the International Meeting for Autism Research, Salt Lake City, UT.
- Sanchez, J., Bolourian, Y., **Ellingsen, R.**, Noorbhai, K., & Laugeson, E. A. (2014, August). *Predictors of decreased dating anxiety in young adults with ASD: The UCLA PEERS Program*. Poster presented at the American Psychological Association Convention, Washington, D.C.
- Park, M., **Ellingsen, R.**, Lin, C. E., Gantman, A., & Laugeson, E. A. (2013, August). *Examining the trajectory of social functioning for adolescents and young adults with autism*. Poster presented at the American Psychological Association Convention, Honolulu, HI.
- Hopkins, J., **Ellingsen, R.**, Bates, S., & Laugeson, E. A. (2013, May). *PEERS for young adults: Predictors of social skills treatment outcome in young adults with autism spectrum disorders*. Poster presented at the International Meeting for Autism Research, San Sebastián, Spain.
- Kalies, M., Wasserman, M., **Ellingsen, R.**, Hopkins, J., & Laugeson, E. A. (2013, May). *The relationship between fantasy and empathy among young adults with autism spectrum disorders*. Poster presented at the International Meeting for Autism Research, San Sebastián, Spain.
- Bolourian, Y., Henry, L., Goodarzi, M., **Ellingsen, R.**, Tucci, L., & Laugeson, E. A. (2013, March). *Improving prosocial behavior in children and adolescents with autism spectrum disorders: The positive impact of music education in the school setting*. Poster presented at the 46th Annual Gatlinburg Conference, San Antonio, TX.

- Ellingsen, R.**, Blacher, J., & Laugeson, E. A. (2012, May). *Accounting for social skills deficits in adolescents with ASD, intellectual disability, and typical development*. Poster presented at the International Meeting for Autism Research, Toronto, Canada.
- Tipton, L., **Ellingsen, R.**, Tucci, L., & Laugeson, E.A. (2012, May). *Who is key? Can teachers be social skills instructors too?* Poster presented at the Association for Behavior Analysis International Convention, Seattle, WA.
- Tung, D., **Ellingsen, R.**, Tucci, L., & Laugeson, E. A. (2012, May). *Increasing positive affect and social responsiveness in children and adolescents with autism spectrum disorders: The adaptation of a music-based intervention in a school setting*. Poster presented at the International Meeting for Autism Research, Toronto, Canada.
- Goodarzi, M., Bolourian, Y., Henry, L., **Ellingsen, R.**, Tucci, L., Bates, S., & Laugeson, E. A. (2012, May). *Predicting treatment outcomes of teacher-facilitated social skills intervention for adolescents with autism: The school-based UCLA PEERS program*. Poster presented at the International Meeting for Autism Research, Toronto, Canada.
- Vreeland, A., Laugeson, E. A., Romeyn, J., Tucci, L., **Ellingsen, R.**, & Friedman, A. (2012, May). *Benefits of a social skills intervention in residential treatment settings for adolescents with autism spectrum disorders: The UCLA PEERS program*. Poster presented at the International Meeting for Autism Research, Toronto, Canada.
- Sanderson, J., Chang, Y. C., Mallam, S. **Ellingsen, R.**, Ferber, C., & Laugeson, E. A. (2010, May). *Teaching social skills to preschool children with autism spectrum disorders: Examining treatment efficacy and benefit of continued participation in the UCLA PALS program*. Poster presented at the International Meeting for Autism Research, Philadelphia, PA.
- Ellingsen, R.**, Laugeson, E. A., Sanderson, J., Lee, J., Lenvin, A. McNamara, J., & Frankel, F. (2009, May). *Improving social skills in adolescents with autism spectrum disorders: The adaptation of the UCLA PEERS program into a school-based teacher-assisted intervention*. Poster presented at the International Meeting for Autism Research, Chicago, IL.
- Sanderson, J., Chang, Y. C., **Ellingsen, R.**, Dillon, A., Frankel, F., & Laugeson, E.A. (2009, May). *Social skills training for preschool children with autism spectrum disorders: The UCLA PALS program*. Poster presented at the International Meeting for Autism Research, Chicago, IL.
- Chang, Y. C., Dillon, A. R., **Ellingsen, R.**, Sanderson, J., & Laugeson, E. A. (2009, May). *UCLA PEERS Program: Predictors of social skills in adolescents with high-functioning autism*. Poster presented at the International Meeting for Autism Research, Chicago, IL.
- Ellingsen, R.**, & Buchanan, C. M. (2008, April). *Parenting practices and adolescents' civic development*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.

TEACHING: UNDERGRADUATE COURSES

2015 **Teaching Assistant**, Developmental Psychology
 UCLA Department of Psychology

- Led four weekly discussion sections to review course material and discuss research articles.

- 2011 – 2014 **Instructor**, Research Methods in Developmental Psychopathology
UCLA Department of Psychology
- Led weekly lectures and discussions for year-long course on research methods in developmental psychopathology research.
 - Taught data analysis and methodology specific to developmental psychopathology research.
 - Organized class members' placements in research labs as part of internship program.
 - Developed and graded term papers.

TEACHING: TRAININGS & INVITED TEACHING LECTURES/SEMINARS

- 2016 **Intervention Training (3-day training)**, UCLA PEERS Program
UCLA Semel Institute for Neuroscience and Human Behavior
“Program for the Education and Enrichment of Relational Skills (PEERS)”
- 2016 **Invited Lecture**, Child & Adolescent Psychiatry Grand Rounds
UCLA Semel Institute for Neuroscience and Human Behavior
“Resilient Parenting of Children at Developmental Risk”
- 2015 **Intervention Training (1-day training)**, Los Angeles Unified School District
“Families OverComing Under Stress (FOCUS): FOCUS for Families”
- 2015 **Invited Lecture**, Pediatric Consultation-Liaison Seminar Series
UCLA Semel Institute for Neuroscience and Human Behavior
“Acceptance and Commitment Therapy with Pediatric Patients”
- 2012 & 2013 **Invited Lecture**, Psychology Internship Seminars
UCLA Department of Psychology
“Autism Spectrum Disorder”
- 2011 **Invited Lecture**, Autism Spectrum Disorders Graduate Seminar
University of California, Riverside
“Social Skills Treatment for Teens with Autism Spectrum Disorder”

CLINICAL EXPERIENCE

- 2016 – present **Clinical Instructor**, Program for the Education and Enrichment of Relational Skills (PEERS)
- Lead evidence-based manualized social skills training groups for adolescents with autism spectrum disorder.
 - Provide supervision for psychology pre-doctoral interns and practicum students.
- 2016 – present **Postdoctoral Fellow in Clinical Psychology**, Nathanson Family Resilience Center
UCLA Semel Institute for Neuroscience and Human Behavior
Supervisors: Catherine Mogil, Psy.D., Cara Kiff, Ph.D., Blanca Orellana, Ph.D., and Thomas Babayan, L.M.F.T.

- FOCUS-Early Childhood Research Study
 - Lead interventionist for a randomized clinical trial of a preventive intervention program for military & veteran parents of preschool-aged children.
- Stress, Trauma, and Resilience Clinic
 - Deliver individual and family-level trauma-informed interventions for individuals exposed to various trauma-related challenges.

2015 – 2016

Predoctoral Psychology Intern, Stress, Trauma and Resilience Program

UCLA Semel Institute for Neuroscience and Human Behavior

Director: Rhonda Sena

Supervisors: Catherine Mogil., Psy.D., Patricia Lester, M.D., Blanca Orellana, Ph.D., and Brenda Bursch, Ph.D.

- Stress Trauma, and Resilience Clinic
 - Delivered individual and family-level trauma-informed interventions for children exposed to various trauma-related challenges, including FOCUS, TF-CBT, and PCIT treatment models.
 - Conducted brief evaluations and comprehensive assessments for a variety of cognitive and emotional issues that impact family functioning.
- Child OCD, Anxiety, and Tic Disorders Clinic
 - Conducted evaluation and CBT treatment for children with OCD, anxiety, tic, and habit disorders.
- Adolescent Medicine Clinic
 - Conducted evaluation, brief intervention, and triage of adolescents presenting to an outpatient adolescent medicine clinic.
- Pediatric Consultation-Liaison Service
 - Provided consultation to pediatric intensive care medical team for patients with a variety of behavioral, emotional, and family problems that are complicating their medical care.
- Reflective Parenting Program
 - Conducted developmental assessments and semi-structured interviews with at-risk children and their parents.

2014 – 2016

Therapist, Pediatric OCD Intensive Outpatient Program

UCLA Semel Institute for Neuroscience and Human Behavior

Supervisor: R. Lindsey Bergman, Ph.D.

- Used Exposure and Response Prevention in group and individual sessions for children and adolescents with OCD.
- Conducted clinical intake interviews.

2014 – 2015

Assessor, Child OCD, Anxiety, and Tic Disorders Program

UCLA Semel Institute for Neuroscience and Human Behavior

Supervisors: John Piacentini, Ph.D. and Tara Peris, Ph.D.

- Provided diagnostic evaluation and ongoing systems assessment for children and adolescents with OCD, anxiety, and/or tic disorders.

2013 – 2014

Therapist, Child Trauma Clinic

Harbor-UCLA Department of Child and Adolescent Psychiatry

Supervisor: Janine Shelby, Ph.D.

- Conducted individual, family, and collateral therapy for traumatized youth and their parents or guardians.
 - Provided consultations for traumatized youth in Harbor-UCLA pediatric intensive care unit.
 - Conducted clinical intake interviews.
 - Attended weekly courses: Evidence-Based Treatment for Common Childhood Disorders & Trauma Treatment Seminar.
 - Completed training in Psychological First Aid.
- 2011 – 2013 **Therapist**, UCLA TIES for Families
Mattel Children’s Hospital at UCLA, Department of Pediatrics
Supervisors: Jill Waterman, Ph.D. and Martha Rios, Ph.D.
- Conducted individual, family, and collateral therapy with families adopting children from foster care using cognitive-behavioral, attachment-focused, and family systems approaches.
 - Conducted home visits with families adopting infants.
 - Conducted clinical intake interviews.
 - Co-led monthly parent-infant and adolescent support groups.
 - Co-led weekly Children Adapting Mindfulness Practices (CHAMP) group.
 - Received training certification in Managing and Adapting Practices (MAP) system.
- 2011 – 2013 **Assessor**, UCLA TIES for Families
Mattel Children’s Hospital at UCLA, Department of Pediatrics
Supervisors: Eugenia Tsao, Ph.D. and David Anderson, Ph.D.
- Conducted developmental, psychodiagnostic, and projective assessments and wrote comprehensive assessment reports.
 - Conducted pre-adoptive placement consults to discuss assessment results with parents and provide recommendations for placement needs.
- 2011 – 2012 **Therapist**, Psychology Clinic
UCLA Department of Psychology
Supervisors: Jill Waterman, Ph.D. and Steve Lee, Ph.D.
- Conducted child individual and collateral therapy from a cognitive behavioral and parent training approach.
 - Conducted adult individual therapy using Acceptance and Commitment Therapy (ACT).
- 2011 – 2012 **Intake Interviewer**, Psychology Clinic
UCLA Department of Psychology
Supervisor: Annette Swain, Ph.D.
- 2011 **Clinical Assessor**, Psychology Clinic
UCLA Department of Psychology
Supervisor: Eric Miller, Ph.D.
- Conducted intellectual and psychoeducational assessments for children and adults to assess for learning disabilities.
- 2009 – 2015 **Assessor**, Collaborative Family Study
UCLA Department of Psychology

Supervisors: Bruce L. Baker, Ph.D. and Jan Blacher, Ph.D.

- Conduct developmental and neuropsychological assessments and structured and semi-structured interviews with adolescents with and without developmental disabilities and their parents.

2009 – 2010 **Project Coordinator**, Program for the Education and Enrichment of Relational Skills (PEERS)

UCLA Semel Institute for Neuroscience and Human Behavior

Supervisor: Elizabeth Laugeson, Psy.D.

- Assisted with intake interviews for treatment eligibility.
- Co-led evidence-based manualized adolescent and parent social skills training groups for adolescents with autism spectrum disorder.

2008 – 2010 **Childcare Specialist**, Early Childhood Clubhouse Program

UCLA Semel Institute for Neuroscience and Human Behavior

Supervisor: Elizabeth Laugeson, Psy.D.

- Developed and implemented social recreational activities with patients three to six years of age with autism spectrum disorders.
- Developed and implemented behavioral management programs for each patient.
- Led weekly evidence-based manualized social skills lessons.

PROFESSIONAL AFFILIATIONS

2011 – present Ad-hoc reviewer: Journal of Intellectual Disability Research, American Journal on Intellectual and Developmental Disabilities, Research in Developmental Disabilities, European Journal of Developmental Psychology, Journal of Policy and Practice in Intellectual Disabilities, International Association for the Scientific Study of Intellectual Disabilities

2010 – present American Psychological Association

2010 – present American Psychological Association Division 33: Intellectual and Developmental Disabilities

2009 – present International Society for Autism Research

2009 – present Society for Research in Child Development

2009 – present Society for Research on Adolescence

2007 – present Psi Chi National Honor Society in Psychology

2010 – 2011 UCLA Clinical Area Committee

REFERENCES

Bruce Baker, Ph.D.

Distinguished Professor, UCLA Department of Psychology

Email: baker@psych.ucla.edu

Phone: (310) 825-9176

Jan Blacher, Ph.D.

Distinguished Professor, UC Riverside Graduate School of Education

Email: jan.blacher@ucr.edu

Phone: (951) 827-3875

Elizabeth Laugeson, Psy.D.
Assistant Professor, UCLA Semel Institute for Neuroscience and Human Behavior
Email: elaugeson@mednet.ucla.edu
Phone: (310) 206-8139

Janine Shelby, Ph.D.
Associate Professor, Harbor-UCLA Department of Psychiatry
Email: jshelby@dmh.lacounty.gov
Phone: (310) 222-3121