

# The Treatment of Hoarding

Hoarding behavior has received significant attention in recent years. Due to the potential harmful effects of hoarding behavior (risk of fire, personal injury, financial hardships, etc.), it has become an important topic of research. It has also drawn the attention of the media and local governments, which have to address the impact hoarding has on citizens. In this seminar, Dr. Hannan will review the current status of hoarding as its own diagnostic entity in DSM-V. Dr. Hannan will discuss the latest research findings on the psychopathology of hoarding disorder. Participants will learn how to assess clients for hoarding disorder and will learn how to devise and implement an appropriate treatment plan. Given the complicated nature of hoarding, he will discuss potential obstacles to treatment and ways to address these issues.

## Target Audience

Psychologists      Social Workers      Counselors  
Therapists      Psychiatrists      Nurses  
Course level: Intermediate

## Learning Objectives

- At the end of this seminar, participants will be able to:
1. Describe the current status of hoarding as a diagnostic entity.
  2. Identify four key targets of treatment.
  3. Assess for hoarding disorder utilizing a CBT conceptualization.
  4. Create an appropriate treatment plan.
  5. Identify obstacles to treatment and corresponding treatment interventions.

## Seminar Schedule

Begin 10AM EST and end 5:15 PM, with 15 minute breaks at 11:30 and 3:30, and a 45 minute lunch break at 1:15 PM

Register On-Line at [tzkseminars.com](http://tzkseminars.com)  
for only \$89

## Outline

Begin 10 AM ET  
Current status of hoarding as a diagnostic entity  
Dangers of hoarding  
Break 11:30-11:45 AM ET  
Relation to OCD and OCPD  
Comorbidity  
Psychopathology of hoarding  
Hoarding Disorder and DSM-V  
Diagnostic assessment of hoarding disorder  
Lunch Break 1:15-2 PM ET  
Treatment of hoarding disorder  
Creating a treatment plan  
Addressing problems with acquisition  
Addressing problems of discarding  
Break 3:30-3:45 PM ET  
Organization  
Dealing with behavioral avoidance/motivation  
Supplements to treatment  
Family consultation  
Other providers  
End 5:15 PM ET

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

## Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test as many times as necessary to pass. Participants will earn 6 CE's for attending once they have completed these requirements.

PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

SOCIAL WORKERS: tzkseminars (Provider Number 1242), is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. tzkseminars maintains responsibility for this course. ACE provider approval period: (3/28/19 to 3/28/2022). Social workers completing this course receive 6 continuing education credits.

COUNSELORS: tzkseminars has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6621. Programs that do not qualify for NBCC credit are clearly identified. tzkseminars is solely responsible for all aspects of the programs.

tzkseminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0024.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #0001.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #0003.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #0004.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #0002.

tzkseminars is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

## The Presenter

Dr. Scott Hannan is a clinical psychologist and manager of the outpatient clinic at the Anxiety Disorders Center/ Center for Cognitive Behavioral Therapy at the Institute of Living. Dr. Hannan received his Ph.D. from Fordham University and completed his internship at The Institute of Living with a focus on child and adolescent psychology. His training continued at The Institute of Living where he completed his postdoctoral fellowship at the Anxiety Disorders Center, specializing in cognitive behavioral therapy for children, adolescents, and adults.

Dr. Hannan's clinical interests include Obsessive-Compulsive Disorder, consultation with families affected by hoarding, Phobias, Panic Disorder, Post Traumatic Stress Disorder related to motor vehicle accidents, and the treatment of children and adolescents with anxiety disorders. As a specialist in the treatment of school refusal behavior, he also consults with local school districts and conducts training seminars on school avoidance. Dr. Hannan believes that clinical practice should be guided by the latest research. He has worked on numerous research projects focusing on cognitive behavioral therapy for psychiatric problems such as Obsessive Compulsive Disorder, Panic Disorder, Trichotillomania, and Hoarding. Having developed an expertise in Obsessive Compulsive Disorder, Dr. Hannan has been a featured expert on shows such as the OCD Project and Hoarders.

## General Information

The TZKseminars educational planning committee members and this seminar's presenter have no relationship with a commercial interest pertinent to the content of this seminar.

Individuals with a disability or special need can go to [tzkseminar.com](http://tzkseminar.com) to the Contact page to request accommodations.

This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, and Loreen Yearick, MSN, RN. This approval expires on March 1, 2022.

To cancel a registration, go to the Contact page. You will be charged \$30 for any cancelled registration.

If you would like to file a grievance, go to [tzkseminars.com](http://tzkseminars.com) and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:



Tzkseminars  
6030 Daybreak Circle, Suite A150/355  
Clarksville, Md. 21029