

Stages of Change with Commercially Sexually Exploited Youth

Although the commercial sexual exploitation of youth has occurred in the United States, it has only recently begun to get attention. Given the newness of the topic, many providers struggle to engage youth involved in the commercial sex industry. The Stages of Change model has been identified as a best practice for working with the population. This training will equip you with a better understanding of the Stages of Change model and engagement skills you can utilize when working with youth who are commercially sexually exploited. Without a model to engage youth, providers may place undue pressure on youth, unintentionally cause harm, and develop unrealistic expectations for themselves. The training will discuss the stages in a practical manner. Participants will see vignettes of what a youth looks like in each stage as well as strategies to engage them and help them move to the next stage.

Target Audience

Psychologists
Therapists

Social Workers
Psychiatrists

Counselors
Nurses

Course level: Intermediate

Learning Objectives

At the end of this seminar, participants will be able to:

- 1) Describe the Stages of Change model.
- 2) Discuss the usefulness of the Stages of Change model with commercially sexually exploited youth
- 3) Identify what stage of change a youth is in.
- 4) Apply engagement strategies to help the youth transition to the next stage.
- 5) Identify engagement strategies when a youth reenters the commercial sex industry.

Seminar Schedule

Typically begins at 12:00 PM and ends at 3:15 PM Eastern time. There is one 15 minute break. However, check the webinar schedule.

Outline

12:00(EST) - 12:45 Context of Change

12:45 - 1:00 Precontemplation, Contemplation, Preparation

1:30 - 1:45 Break

1:45 - 3:15 Preparation, Action, Maintenance, Recycling

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test as many times as necessary to pass. Participants will earn 3 CE's for attending once they have completed these requirements.

PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

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The Presenter

Nicole Klasey is a clinical psychologist who has worked with trauma survivors for 14 years. She currently consults with agencies on trauma-informed care, programming for commercially sexually exploited youth, vicarious trauma, and leadership development. Nicole has been training multidisciplinary audiences on trauma-related topics since 2015 and provides guest lectures at local universities on human trafficking. She has developed several of the training curriculums that are being utilized in Los Angeles County and throughout California to better equip social service providers on working with commercially sexually exploited youth. She has been an expert witness on commercial sexual exploitation and trauma in court. She has authored two books on commercial sexual exploitation and authored prevention and intervention curriculums for the population. In 2018, Nicole was awarded the State of California Senate Certificate of Recognition by Senator Joel Anderson.

General Information

The TZKseminars educational planning committee members and this seminar's presenter have no relationship with a commercial interest pertinent to the content of this seminar.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, and Loreen Yearick, MSN, RN. This approval expires on March 1, 2022.

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