

# The Treatment of Complex Alcohol, Tobacco, and Drug Dependence

Substance abuse is one of the most common clinical problems of patients who present for treatment. These patients struggle with a life threatening, clinically complex problem that is subject to a variety of physiological and psychological factors. This webinar will focus on treating people plagued by complex additions issues. You will learn about the risk and protective factors related to addiction. There will also be useful suggestions for assessing and treating addicted patients. Adolescent addiction will be discussed. There will also be material on motivational interviewing and effective stress control.

## Target Audience

Psychologists      Social Workers      Counselors  
Therapists      Psychiatrists      Nurses  
Course Level: Intermediate

## Learning Objectives

At the end of this seminar, participants will be able to:

1. Identify important risk and protective factors for addiction
2. Discuss the common clinical models of addiction and recovery
3. Describe the common characteristics and co-occurring mental disorders of complex addictions
4. Identify the key elements of successful addiction recovery
5. Utilize time lines and developmental models to guide treatment

## Seminar Schedule

Begin 10AM EST and end 5:45 PM, with 15 minute breaks at 11:30, 3:15, and 4:30, and a one hour lunch break at 1PM

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for only \$89

## Outline

Begin 10 AM  
What is complex addiction?  
Integrated MISA Service  
Break 11:30-11:45 AM ET  
Comorbidity  
Parallel Timeline Method  
The Recovery Process  
Lunch Break 1-2 PM ET  
Substance Misuse  
Substance Abuse Treatment  
Adolescent Substance Misuse  
Break 3:15-3:30 PM ET  
Motivational Interviewing  
Effective Stress Control  
Break 4:30-4:45 PM ET  
Rates of Adolescent Substance Use  
End 5:45 PM ET

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

## Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test as many times as necessary to pass. Participants will earn 6 CE's for attending once they have completed these requirements.

PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

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COUNSELORS: tzkseminars has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6621. Programs that do not qualify for NBCC credit are clearly identified. tzkseminars is solely responsible for all aspects of the programs.

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## The Presenter

Dr. David McDuff is a nationally known addiction, trauma, and sports psychiatrist and a retired Army Colonel. He holds faculty appointments at the University Of Maryland School Of Medicine in Baltimore (clinical professor) and the Uniformed Services University in Bethesda (adjunct associate professor). He is the founder of the University of Maryland's Division of Alcohol & Drug Abuse and its Addiction Psychiatry Fellowship and Sports Psychiatry Programs and has three times been selected by Baltimore Magazine as it Top Doc in Addiction Psychiatry. He is an active clinician, teacher, speaker, and writer who has given more than 100 lectures at national and international conferences and published 60 journal articles, book chapters & reviews, manuals and monographs including his highly regarded book entitled "Sports Psychiatry: Strategies for Life Balance & Peak Performance (2102, American Psychiatric Press). He is one of America's leading Sports Psychiatrist serving as the team psychiatrist and mental skills trainer for the Baltimore Orioles (1996-present) and Ravens (1996-2013) and as the performance medicine physician for the Indianapolis Colts (2015-2018). He is now working with the University of Maryland's football team. Dr. McDuff has been married since 1978 to Marie Sanders McDuff and has four children and four grandchildren. For additional information on his work with athletes see his MD Sports Performance website ([www.mdsports.net](http://www.mdsports.net)).

## General Information

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, and Loreen Yearick, MSN, RN. This approval expires on March 1, 2022.

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