

# The Components and Process of Clinical Supervision

In this seminar, Dr. Saffer examines the purpose of clinical supervision, including the components and processes that are important for effective supervision. Participants are encouraged to consider different models and methods as they develop an approach to clinical supervision. In addition, strategies are discussed regarding effectively dealing with some of the challenges that are inherent in the supervisory process. This seminar is designed to provide participants with a thoughtful approach to the supervision process and to encourage the development of competence in this area.

## Target Audience

Psychologist      Social Workers      Counselors  
Teachers          Therapists          Case Managers  
Marriage and Family Therapists      Nurses  
This seminar is for intermediate level clinicians

## Learning Objectives

At the end of this seminar, participants will be able to:

1. Define competency and the role of supervision in the development of competency
2. Identify how to develop a personal model of supervision
3. Identify skills that increase the effectiveness of supervision
4. Identify the necessary components of a supervision file.
5. Increase awareness of the supervisor's dynamics that influence the supervision process.

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## Outline

Begin 10 AM ET

### Part One: The Purpose of Supervision Competency Benchmarks

#### Types of Supervision

Effective and Ineffective Supervision – research findings

### Part Two: Components of Supervision

#### Considerations prior to conducting supervision

#### Documentation and Supervision Contracts

#### Written Evaluations

#### Models of Supervision

#### Methods of Supervision

### Part Three: The Supervision Process

#### Establishing Trust

#### Responsibilities of Supervisee

#### Topics to discuss during Supervision

#### Providing Corrective Feedback and evaluations

End 1:15 PM ET

## The Presenter

Dr. Saffer, a licensed psychologist, earned her Psy.D. from Indiana University of Pennsylvania in 1999. She has worked in a variety of settings with a variety of populations, including a residential rehabilitation program, nursing homes, a state inpatient psychiatric hospital, and the federal government. She was the Director of Intern Training for an APA-accredited clinical psychology pre-doctoral internship program at a state inpatient psychiatric hospital. She has provided supervision for a variety of trainees for more than a decade, including practicum students, interns, and post-doctoral trainees. She teaches a case conceptualization seminar for interns on an annual basis.



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