

# Mental Health Treatment of Stroke Victims

Stroke is a major cause of death and disability in the U.S. As mental health providers, we will likely treat patients who have either experienced a stroke or are impacted by the effects of stroke on a member of their family, which are often sudden and debilitating. Though stroke is prevalent, little education is provided to mental health providers concerning the events, treatment, and psychological needs of patients during physical rehabilitation and after treatment. This webinar is intended to provide a thorough overview of the stroke patient's experience and review important clinical considerations for treating patient who have been affected by stroke.

This webinar is divided into three sections. The first section is an overview of the patient's experience throughout their course of hospitalization as well as biological and historical information about stroke and stroke treatment. The second section focuses on important topics related to the mental health of stroke patients (i.e., Post-Stroke Depression). The third section addresses adjustment difficulties and treatment considerations for patient who have had strokes.

## Target Audience

Psychologists  
Therapists  
Social Workers  
Psychiatrists  
Counselors  
Nurses  
Course Level: Advanced

## Learning Objectives

At the end of this seminar, participants will be able to:

1. Identify risk factors, types, and common sequelae of stroke.
2. Describe a patient's journey through acute stroke treatment and areas in which mental health services are often critical
3. Explain the standard treatment for Post-Stroke Depression and why the extent of antidepressant treatment is controversial
4. Report common areas where stroke patients often experience adjustment difficulties
5. Identify treatment considerations critical to mental health treatment of stroke patients

## Seminar Schedule

This seminar runs from 10-1:15 PM Eastern

## Outline

Begin 10AM EST

Part I: Review of Stroke Causes and Acute Stroke Treatment

10 Minute Break @ 11:00

Part II: Special Topics for Mental Health and Stroke

10 Minute Break @ 12:00

Part III: Treatment Consideration

Our seminars are available in two formats. The first is a live, interactive webinar. You can ask questions of our presenters, either by typing them or speaking into a microphone. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

## Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test as many times as necessary to pass.

Participants will earn 3 CE's for attending once they have completed these requirements. PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

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## The Presenter

Jonathan C. Haber received his doctorate in clinical psychology from Regent University. He completed an internship in inpatient medical psychology at Eastern Virginia Medical School and is a licensed clinical psychologist. Dr. Haber holds a particular interest in medical psychology and he practices rehabilitation psychology at Riverside Rehabilitation Institute, a 50-bed inpatient physical medicine and rehabilitation hospital. Through behavioral and cognitive interventions, psychoeducation and skill building, he specializes in working with patients with physical disabilities and those recovering from medical treatment, traumatic brain injury and chronic illness. Dr. Haber incorporates a person centered and family oriented approach to psychological practice that aims to empower medically compromised patients.

## General Information

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, and Loreen Yearick, MSN, RN. This approval expires on March 1, 2022.

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Tzkseminars  
6030 Daybreak Circle, Suite A150/355  
Clarksville, Md. 21029