5. Describe the strategies used in the five treatment safety planning.

At the end of this seminar, participants will be able to:

- Teachers
- Therapists
- Case Managers
- Psychologist
- Social Workers
- Counselors

...psychotherapy effectively and rapidly in community mental health.

...tasks that provide a roadmap for delivering this interpersonally focused approach. She will review the goals and structure of the five treatment strategies for ABFT. Dr. Levy will review how attachment theory, emotional regulation, and trauma resolution inform the delivery of this treatment.

In this workshop, Dr. Levy will use lecture and case studies to provide an overview of the theoretical principles, research support, and clinical strategies for ABFT. Dr. Levy will review how attachment theory, emotional regulation, and trauma resolution inform the delivery of this treatment approach. She will review the goals and structure of the five treatment tasks that provide a roadmap for delivering this interpersonally focused psychotherapy effectively and rapidly in community mental health.

5. Treatment Safety Planning

Task 1: Relational Frame
Task 2: Adolescent Alliance
Task 3: Parent Alliance
Task 4: Attachment
Task 5: Autonomy Promoting